



• Locally Sourced • Locally Produced • Better For You •

Broccoli & Cheddar Cheese

Frozen Ready to Serve Pouch



| Item Code | Item Name | Pk/Size | SCC | Case (L x W x H) | Case Weight Net & Gross | | CuFt | Tie/High |
|-----------|---------------------------|------------|----------------|--|-------------------------|---------------------|------|---------------------------------|
| 30107 | Broccoli & Cheddar Cheese | 3 x 2.2 kg | 10623273301079 | 12 875 x 10.5 x 5" 32.7 x 26.67 x 12.7 cm | 6.6 kg 14.55 lbs | 6.8 kg 14.99 lbs | | 12 x 7 = 84 cases per pallet |

Ingredients: Water, broccoli, milk ingredients, modified corn starch, onions, parmesan cheese (milk, bacterial culture, salt, lipase, calcium chloride, microbial enzyme, powdered cellulose), coloured cheddar cheese (milk, modified milk ingredients, cream, salt, bacterial culture, colour, calcium chloride, microbial enzyme, cellulose, natamycin), yeast extract, salt, natural cheese flavour (maltodextrin, whey solids, natural cheddar cheese flavour, salt), baking soda, spices.

Allergen Status: Contains Milk.

Nutrition Facts Valeur nutritive

Per 1 cup (250 mL)
pour 1 tasse (250 mL)

| Calories 140 | % Daily Value* |
|--|-----------------------|
| Fat / Lipides 3 g | % valeur quotidienne* |
| Saturated / saturés 1.5 g | 4 % |
| + Trans / trans 0 g | 8 % |
| Carbohydrate / Glucides 20 g | |
| Fibre / Fibres 2 g | 7 % |
| Sugars / Sucres 10 g | 10 % |
| Protein / Protéines 10 g | |
| Cholesterol / Cholestérol 10 mg | |
| Sodium 840 mg | 37 % |
| Potassium 450 mg | 10 % |
| Calcium 300 mg | 23 % |
| Iron / Fer 0.5 mg | 3 % |

*5% or less is a little, 15% or more is a lot
*5% ou moins c'est peu, 15% ou plus c'est beaucoup

Thawing & Heating Instructions

Thaw under refrigeration 12 - 24 hours.

SOUP IS READY TO SERVE - DO NOT DILUTE.

Steam Kettle: Remove from pouch. Heat at simmering point for 10 minutes. Stir occasionally.

Water Immersion: Heat the pouch in simmering (95°C) water for 30 minutes.

Suggestions

Portioning Guide Portioning Utensil: Ladle (170 ml/6 oz)

Shelf Life 365 days