



• Locally Sourced • Locally Produced • Better For You •

Mac n Cheese

Frozen Ready to Serve Pouch



Item Code	Item Name	Pk/Size	SCC	Case (L x W x H)	Case Weight Net & Gross		CuFt	Tie/High
30207	Mac n Cheese	2 x 2.5 kg	10623273302076	12 875 x 10.5 x 5" 32.7 x 26.67 x 12.7 cm	5.0 kg 11.02 lbs	5.2 kg 11.46 lbs		12 x 7 = 84 cases per pallet

Ingredients: Water, macaroni (durum wheat semolina, niacin, ferrous sulphate (iron) thiamine mononitrate (Vitamin B1) riboflavin (Vitamin B2), folic acid), milk ingredients, aged coloured cheddar cheese (milk, modified milk ingredients, cream, salt, bacterial culture, calcium chloride, colour, microbial enzyme), powdered cheddar cheese (modified milk ingredients, cheddar cheese (modified milk ingredients, bacterial culture, salt, microbial enzyme, calcium chloride, lipase, colour), salt, water, cellulose powder, sodium phosphate, lactic acid, colour (contains tartrazine)), modified tapioca starch, wheat, flour, canola oil, salt, parmesan cheese (milk, bacterial culture, salt, lipase, calcium chloride, microbial enzyme, powdered cellulose), natural cheese flavour (maltodextrin, whey solids, natural cheddar cheese flavour, salt), xanthan gum, garlic powder, mustard powder.

Allergen Status: Contains Milk, Mustard, Wheat, May contain soy

Nutrition Facts

Valeur nutritive

Per about 2 cups (300 g)
pour environ 2 tasses (300 g)

Calories 330	% Daily Value*
Fat / Lipides 7 g	9 %
Saturated / saturés 3.5 g	19 %
+ Trans / trans 0.3 g	
Carbohydrate / Glucides 52 g	
Fibre / Fibres 2 g	7 %
Sugars / Sucres 13 g	13 %
Protein / Protéines 16 g	
Cholesterol / Cholestérol 20 mg	
Sodium 870 mg	38 %
Potassium 500 mg	11 %
Calcium 350 mg	27 %
Iron / Fer 1.5 mg	8 %

*5% or less is a little, 15% or more is a lot
*5% ou moins c'est peu, 15% ou plus c'est beaucoup

Thawing & Heating Instructions

Thaw under refrigeration 12 - 36 hours.

SOUP IS READY TO SERVE - DO NOT DILUTE.

Steam Kettle: Remove from pouch. Heat at simmering point for 10 minutes. Stir occasionally.

Water Immersion: Heat the pouch in simmering (95°C) water for 40 minutes.

Convection Oven: Remove from pouch. Heat 40-45 minutes at 150°C in a covered pan.

Suggestions

Portioning Guide Portioning Utensil: Ladle (170 ml/6 oz)

Shelf Life 365 days