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# Minestrone Soup

Frozen Ready to Serve Pouch



Item Code	Item Name	Pk/Size	SCC	Case (L x W x H)	Case Weight Net & Gross		CuFt	Tie/High
30103	Minestrone Soup	3 x 2.2 kg	10623273301031	12 875 x 10.5 x 5" 32.7 x 26.67 x 12.7 cm	6.6 kg 14.55 lbs	6.8 kg 14.99 lbs		12 x 7 = 84 cases per pallet

**Ingredients:** Water, tomatoes (tomatoes, may contain water and citric acid), lima beans, red kidney beans (red kidney beans, water, salt, calcium chloride, disodium EDTA), pasta (durum semolina, niacin, ferrous sulphate (iron), thiamine mononitrate (Vitamin B1), riboflavin (Vitamin B2), folic acid), tomato paste, celery, carrots, onions, cabbage, modified tapioca starch, green peppers, red peppers, green beans, corn starch, salt, yeast extract, vegetable broth flavour (yeast extract, salt, carrot powder, tomato powder, onion powder, leek powder, garlic powder, herbs and spices (bay leaf, celery, thyme)), salt replacer (sea salt, potassium chloride, yeast extract, vegetable oil (canola oil), silicon dioxide), dehydrated garlic, spices.

**Allergen Status:** Contains Wheat.

Nutrition Facts	
Valeur nutritive	
Per 1 cup (250 mL) pour 1 tasse (250 mL)	
<b>Calories 90</b>	% Daily Value* % valeur quotidienne*
<b>Fat / Lipides 0 g</b>	0 %
Saturated / saturés 0 g	0 %
+ Trans / trans 0 g	0 %
<b>Carbohydrate / Glucides 19 g</b>	
Fibre / Fibres 3 g	11 %
Sugars / Sucres 3 g	3 %
<b>Protein / Protéines 4 g</b>	
<b>Cholesterol / Cholestérol 0 mg</b>	
<b>Sodium 490 mg</b>	21 %
Potassium 350 mg	7 %
Calcium 30 mg	2 %
Iron / Fer 1.25 mg	7 %
*5% or less is a little, 15% or more is a lot *5% ou moins c'est peu, 15% ou plus c'est beaucoup	

## Thawing & Heating Instructions

Thaw under refrigeration 12-24 hours. Soup is ready to serve - Do Not Dilute.

**Steam Kettle:** Remove from pouch. Heat at simmering point for 10 minutes. Stir occasionally.

**Water Immersion:** Heat the pouch in simmering (95°C) water for 30 minutes.

## Suggestions

**Portioning Guide** Portioning Utensil: Ladle (170 ml / 6 oz)

**Shelf Life** 365 days